



Volume 1, Issue 1

May 2009

A PRODUCT OF CALARVC/CTPA SERVICES, INC. FOR 9010 & 9015 BUSINESS CLASSIFICATIONS

## INTRODUCING A NEW RESOURCE *Workers Comp Safety Updates and Information*

The Safety Spot is a resource provided by CalARVC/CTPA Services, Inc. to Regular and Participatory Association Members, including: Owners and Operators of RV Parks & Campgrounds, and commercial businesses with the workers com-

pensation classification code of 9010 or 9015.

We are pleased to announce the launch of *The Safety Spot* Online, a safety resource for employers. In addition, we are excited to share with you the first *Safety Spot* Newsletter, a bi-

annual publication and safety resource.

For more details on CalARVC/CTPA Services, Inc. or to join our group Workers Compensation Insurance Program with State Compensation Insurance Fund, please visit the Safety Spot Online for more information:

[www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)

## KEEPING OUTDOOR WORKERS SAFE *Precautions and Advice for Preventing West Nile Virus*

If you work outdoors, West Nile virus may be of concern to you, since it can be spread by bites from infected mosquitoes. It's important to note that most people infected with West Nile virus will not get sick. However, some people after being bitten may become ill in 3 to 15 days. They develop a mild illness with fever, headache, body aches and sometimes skin rash and swollen glands. At this time, there are no known long-term effects due to this mild illness.

On rare occasions, a West Nile virus infection will result in a se-

vere illness known as West Nile encephalitis (encephalitis is an inflammation of the brain). In a small number of cases, this more serious disease can be fatal.

### SPREAD OF THE VIRUS

West Nile virus is typically spread by birds and mosquitoes. A mosquito becomes infected when it feeds on a bird carrying the virus. The infected mosquito can then transmit the virus when it bites another bird, person, or other animal. At this time, transmission of the virus from person



to person is only thought to be possible during blood transfusions, organ transplants, or through breast milk.

West Nile virus was first recognized in New York City in 1999.

*Continued on page 2...*

**Safety Resource Contact: Samantha Corbin-Endean**

**(530) 885-1624, [Samantha@calarvc.com](mailto:Samantha@calarvc.com)**

**[www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)**



## KEEPING OUTDOOR WORKERS SAFE

### *Precautions and Advice for Preventing West Nile Virus*

*Continued from page 1...*

It is not known how the virus was introduced into the United States, but it has spread from New York to almost every State in the U.S., and it continues to spread. The virus has been found in humans, horses, many types of birds, and some other animals.

#### RISK OF EXPOSURE

You are at highest risk of exposure to the virus if ... you work outdoors when mosquitoes are actively biting. Dawn and dusk are the most likely times to be bitten by a mosquito. In

northern states, this is during the summer months, but in southern states, mosquitoes are active year-round. Persons 50 years of age or older have a greater risk of contracting the more serious illness, West Nile encephalitis.

#### PROTECT YOURSELF

You can protect yourself from becoming infected in a number of ways. If you work outdoors, you can use these personal protective measures to reduce contact with mosquitoes:

- *Wear long-sleeved shirts, long pants and socks when possible.*
- *Spray exposed skin with insect repellent.*
- **READ AND FOLLOW LABEL DIRECTIONS FOR REPELLANT USE.**
- *Use DEET (N-N-diethyl-3-methylbenzamide) at concentrations of 35% or less.*
- *Do not apply repellants to cuts, wounds, or irritated skin.*
- *When needed, reapply repellants according to label directions.*
- *Spray clothing with repellent, as mosquitoes may bite through thin clothing.*
- **DO NOT APPLY repellants under clothing.**
- *Wash treated clothing before wearing it again.*

You can also protect yourself by not letting mosquitoes breed in your area. Eliminate as many sources of standing water as possible, because mosquitoes lay their eggs in standing water. Turn over, cover, or remove equipment such as tarps, buckets, barrels and wheelbarrows that may accumulate water. Place drain holes in containers that cannot be discarded. Routinely empty water from containers that collect water in which mosquitoes can lay their eggs.

*If you have any health concerns or questions, contact your health care provider.*

For more detailed information, visit the Centers for Disease Control and Prevention at [www.cdc.gov/ncidod/dvbid/westnile/index.htm](http://www.cdc.gov/ncidod/dvbid/westnile/index.htm).  
Article provided by: State Compensation Insurance Fund, [www.scif.com](http://www.scif.com), copyright 2000-2009

## COMMUNICATION IS THE KEY TO SAFETY

### *A Code of Safe Practices Establishes Guidelines & Accountability*

All workplace accidents are preventable; however, a safe work environment does not happen on accident.

As an employer, it is your responsibility to provide a safe and healthful workplace. Communicating safety rules with employ-

ees is essential to the success of any Injury and Illness Prevention Program.

As a result, CalARVC/CTPA Services, Inc. has created a comprehensive "Code of Safe Practices" which you can customize to suit your business.

The document outlines

important safety policies and procedures that will ensure employees have a clear understanding of safety rules as well as the consequences for failing to comply with them.

Download our template and design your own at [www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)

**Download**  
a template to  
create a custom  
"Code of Safe  
Practices"  
At  
[www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)

## INJURY AND ILLNESS PREVENTION PROGRAMS

### *Free CalOSHA Consultative Services Can Help Keep Staff Safe*

As an employer in California, you are required to provide a safe and healthful place to work for your employees. Even if your staff includes only one employee, you are still bound by the same laws that apply to larger business and corporations in California.

To ensure a safe environment, Title 8 of the California Code of Regulations (CCR) requires every employer to have an Injury and Illness Prevention Program in writing. Creating an effective program takes time and requires an understanding of current safety regulations.

These regulations may seem difficult to under-

stand and apply; however, Cal OSHA, the CA Division of Occupational Safety and Health, can help you navigate these requirements and create a successful program.

Cal OSHA “exists to protect workers and the public from safety hazards ...and provides consultative assistance to employers.” Consultative Assistance is available to you, as an employer, at *no charge* through Cal OSHA.

At your request, a Consultant will visit your work site and advise you on how to create and maintain a safe workplace; how to meet CA State Safety Regulations; and how to create an Injury

and Illness Prevention Program that meets your legal obligation as an employer and is applicable to your work environment.

A Cal OSHA Consultation, combined with the resources available at The Safety Spot, and through State Compensation Insurance Fund, can provide you with support you need to develop an effective Injury and Illness Prevention Program and a safe workplace.

*To view a complete list of Cal OSHA services, visit:*

*<http://www.dir.ca.gov/dosh/IndexAlpha.html>*



Are you feeling overwhelmed? Concerned about the safety of your workplace? Unsure of how to create an Injury and Illness Prevention Plan?

Cal OSHA offers free Consultations to help you meet CA State Safety Regulations.

#### **Did You Know?**

CA State Law requires employers to create an Injury and Illness Prevention Program

## HOW TO REQUEST A CAL OSHA CONSULTATION

Cal OSHA provides Consultative Services free of charge to California employers. You may request these services by calling your District Office directly.

Visit [www.dir.ca.gov/dosh/DistrictOffices.htm](http://www.dir.ca.gov/dosh/DistrictOffices.htm) to locate your District Office, or contact the CA Division

of Occupational Safety and Health directly at (800) 963-9424 for assistance.

Utilizing the Cal OSHA's FREE Consultation program will not only save you time and money, it will ensure that you provide a safe and healthful environment for your staff, as required by CA State Law.

CalARVC/CTPA Services, Inc.  
PO Box 5648  
Auburn, CA 95604

Phone: 530-885-1624  
Fax: 555-555-5555  
Safety Resource Contact:  
Samantha Corbin-Endean  
Samantha@calarvc.com

[www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)



*Serving businesses in the 9010 & 9015 Worker's Comp Classifications*

## EDUCATE AND PROTECT YOUR STAFF

### *Introducing The Safety Spot's DVD Video Lending Library*



The Safety Spot is pleased to announce our new DVD Video Lending Library. As a current member of CalARVC/CTPA Services, Inc, we encourage you to take advantage of this valuable resource. Owners, Operators and Staff can all benefit from these educational resources.

Titles include: *Back for the Future, Office Ergonomics, Safety Training For all Employees, and Forklift & Tractor Safety.*

Once placed, your rental order will be shipped to you via UPS at no charge, with a pre-addressed, postage paid, return shipping envelope.

DVD Video Rentals are due within 30 days of being received. If the DVD Video Rental is not returned within 30 days, or is lost, you will be invoiced for a \$150 replacement cost.

For a complete list of DVDs available, or to download a rental form, please visit

[www.calarvc.com/safetycenter.php](http://www.calarvc.com/safetycenter.php)

Please call or e-mail Samantha Corbin-Endean, Safety Resource Contact at (530) 885-1624, or [Samantha@calarvc.com](mailto:Samantha@calarvc.com), with questions.

